



WANTS TO HELP YOU. YES YOU!!



Through our agency's Multi-Service Center we want to:

- Increase awareness and understanding of aging issues in the senior population.
- Provide support, training and informational resources to seniors, families and caregivers.
- Increase the ability of older adults to remain active, healthy and living independently in their communities through case management, linkages, referrals and support.

Are you 55 or older? Do you live in Middlesex County? Do you need bilingual assistance in Spanish?

Make an appointment today to see our Multi-Service Coordinator, Julie Jerome or one of our Outreach Representatives, Elianny Torres or Christina Ramos by calling 732-828-4510.

We may be able to help you with the following:

- Assistance completing health related documents to facilitate and increase access to preventive care services including referrals to mental health services or management of chronic illness.
- Assistance navigating housing, transportation, social services, utility assistance, insurance, employment and adult education issues (including ESL classes).
- Food donations and/or personal care items from our FOOD PANTRY
- General Information and referrals as well as case management and more.

PROGRAMA ENLACE

The Puerto Rican Action Board is able to provide these services after receiving an operating support grant from the Center for Hispanic Policy, Research and Development, a Division of Programs in the Department of State.